

# Cyberbullying

**Is Cyberbullying a Common Problem in Armenia?**

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# What is Cyberbullying?

Cyberbullying is an aggressive, intentional act or behavior that is carried out by a group or an individual, using electronic forms of contact, repeatedly and over time against a victim who cannot easily defend him or herself.





# Types of Cyberbullying

- Being sent threatening emails or messages
- Being teased or made fun of online
- Having rumours spread about you online
- Having unpleasant comments, pictures or videos about you sent or posted on websites
- Being sent unwanted messages
- Having someone use your screen name and password pretending to be you to hurt someone else
- Being deliberately ignored or left out of things on the internet

# Bullying

- Direct
- Occurs on School Property
- Poor Relationship Skills
- Fear Retribution
- Physical: Hitting, Punching, Shoving
- Verbal: Teasing, Name Calling, Gossiping
- Nonverbal: Use of Gestures, Exclusion

# Cyberbullying

- **Anonymous**
- **Occurs On and Off School Property**
- **Further Under the Radar Than Bullying**
- **Emotional Reactions Cannot Be Determined**

## Bullies

- Impulsivity
- Previous Victimization
- Harsh Parenting
- Academic Problems
- Substance Abuse
- Continuing Patterns of Violence

## Victims

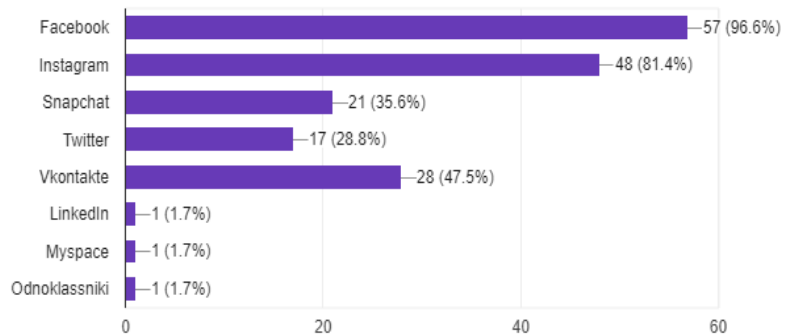
- Depression
- Anxiety
- Decreased Academic Performance
- Physical Injury
- Suicide
- Quietness
- Low Self-esteem
- Difficulty Making Friends



# Cyberbullying in Armenia

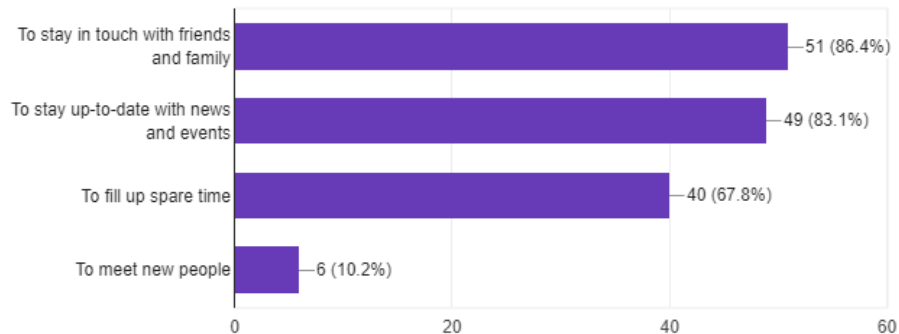
## Social Networks that are being used the most!

59 responses



## Why Teens Use Social Media?

59 responses



# Cyberbullying in Armenia: Survey Results

- 86.4% have already heard about cyberbullying before
- 72.1% have witnessed cyberbullying
- 23.7% have been cyberbullied
- 81.3% have not reported about the cyberbullying he/ she experienced/ witnessed
- 68.4% think cyberbullying happens all the time
- 11.9% have posted negative comments about someone
- 56% have used bad language online
- 25.4% have posted pictures or information about someone without their knowledge
- 13.6% have threatened someone online
- 35.6% have been threatened online
- 62.7% think cyberbullying is common problem in Armenia
- 66.1% is aware about the possible consequences of cyberbullying

# What are the Best Ways of Dealing With Cyberbullying According to Armenian Youth?

- It should have a legal punishment
- Schools have to teach students about cyberbullying
- Schools should teach parents how to help their children who are cyberbullied
- Victims should tell their parents
- Police should get involved
- Social Networks should block such users
- Learn to counterattack
- Ignore till they stop

